

Grades K-3

The Story of

BAC



For Kindergarten and First Graders

Presenter:

(scary, deep voice)

Once upon a time there was an ugly little germ.

His real name was...

B - A - C - T - E - R - I - A

but his friends called him BAC, for short.



(scraggly voice)

I wish I were a nicer guy

But I am yucky and here's why:
I like to hide on hands and food.
I'm germy, green and very rude!

Presenter:

Now, ever since he was a little germ, BAC would spend his days wandering around, finding places for himself and his friends to hide.

There were lots of places for germs like BAC and his friends to hang out!

Germs like the things you carry around every day, like your backpack. Or your food before you wash or cook it or if you forget to put it in the refrigerator. And most of all, your hands!

Everybody knows that germs are everywhere!



There are places that I love:
Your shoes . . . your books . . . your baseball glove!
Your hands . . . the counter . . . on your food
They put me in a germy mood!

Presenter:

(Stage whisper to children)

Now, the one thing you may NOT know is that even though BAC and his other germy friends are everywhere it's EASY to get rid of them!



(to presenter)

Wait wait wait don't let them know!

If they find out . . . I'll have to go!

Presenter:

(stage whisper)

More about that later . . .

(regular voice)

So anyway, one day, BAC was out looking for a fun new place to hide and invite all his other germy friends over to play.

He ESPECIALLY liked hanging around with children who didn't know anything about keeping their food safe from germs.

He knew that if they didn't know about him, they didn't know how EASY it was to chase him away!



It's easy to get rid of me;

You can do it don't you see?

But many children just don't know.

That's great for me so here I go!

Presenter:

(stage whisper)

BAC knew that if the children found out about him, they would want to get rid of him. After all, he was a GERM and no one likes GERMS!

Suddenly, he saw a group of children in a kitchen. As he snuck in, it looked like they were doing lots of things that were going to make it easy for him to hide!



Oh, boy! This is gonna be GREAT!

Presenter:

They didn't put their milk back in the refrigerator . . .



Yippee Yippee I hate cold!

Presenter:

They forgot to rinse their fruits and vegetables with water . . .



Dirty snacks! Just what I like!

Presenter:

Oh no! They were putting their backpacks and smelly sneakers on the counter!



Oh, boy! Putting their stuff on the counter where food belongs!

Presenter:

And worst of all they were about to eat WITHOUT WASHING THEIR HANDS!



Ya - ay - ay!!!

Presenter:

BUT WAIT! Suddenly, the children remembered what they had learned in school that day!

They started out by washing their hands . . .



Oh, no! Say it isn't so!

Presenter:

Next they rinsed their fruits and vegetables with water!



Oh, no! I don't like clean snacks!

Presenter:

They took their dirty stuff off the counter! They washed the counter, too!



A clean counter?! Where will I go???

Presenter:

And finally, they put all of the cold food, like milk, back in the refrigerator when they were done!



Brrrrr! I feel a terrible cold coming on!!!

Presenter:

All of a sudden, BAC's excitement was gone.

HE HAD NOWHERE TO HIDE ANYMORE!!!



That's it for me I'm done, it's true!

'Cause now you know just what to do.

Put food away . . . clean counters, too;

Rinse fruits and veggies through and through!

And one last secret now I'll tell.

Just wash your hands and wash them well!

Soap and water do the trick.

They make you clean but make me S - I - C - K . . .

Presenter:

So now you know the true story of BAC! Those children had discovered that there were EASY ways to get rid of him.

But they also had to remember even though they got rid of BAC, there were other germs out there too!


So they made up a rhyme that they could say each time they washed their hands. Maybe you can learn it too!

Presenter:

Say it TWO TIMES through, every time you wash your hands. That way, the germs will all go away!

It goes like this:

WE WASH OUR HANDS TO KEEP THEM CLEAN . . .
THE CLEANEST HANDS YOU'VE EVER SEEN!
USE SOAP AND WATER THAT'S THE WAY
TO CHASE THOSE YUCKY GERMS AWAY!

(At the end of the presentation, as BAC gets chased away, you may stick the red  symbol on his chest - or have one of the children do it. When you're done, remember to distribute badges to your new "deputies"!)

The End

